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## Service and Interest Groups In and Around East Greenbush

### A

#### **ADOPTIVE FAMILIES OF THE CAPITAL REGION, INC.**

PO Box 656, Wynantskill, NY 12198

Heather Bankoski: 518-448-5295

Website: [www.timesunion.com/communities/afcr](http://www.timesunion.com/communities/afcr)

AFCR is an all-volunteer organization open to all who have an interest in adoption. Our mission includes the education and support of families formed through adoption and those considering adoption; the empowerment of our children through formation of positive identity and self-esteem and the promotion of a positive image of adoption in the community.

AFCR offers free educational workshops as well as social and cultural events, open to the public. Some of our recent activities include: Adoption: Where do I Start?; Issues in Transracial Adoption; Eastern European Heritage Festival and International Children's Day. Most meetings are held in the evening at McKownville United Methodist Church, near Crossgates Mall. Check our website for a schedule of upcoming events. Membership is \$20/year or \$35/two years. Paid members receive a quarterly newsletter and discounted fees to some events.

#### **ALBANY AREA AMATEUR ASTRONOMERS**

John Cassidy 518-272-1576; Alan French 518-374-8460

Email: [cjonath1@nycap.rr.com](mailto:cjonath1@nycap.rr.com) / [adfrench@nycap.rr.com](mailto:adfrench@nycap.rr.com)

Meetings are the third Tuesday of each month at 7:30 pm at the Schenectady Museum and Planetarium on Nott St., in Schenectady except August. Meetings are free and open to the public.

#### **ALBANY AREA NOW - Local Chapter National Organization for Women**

PO Box 13773, Albany, NY 12212-3773

Email: [info@albanyareanow.org](mailto:info@albanyareanow.org)

Website: [albanyareanow.org](http://albanyareanow.org)

The national organization for women strives to eliminate discrimination & harassment in the workplace, schools, the justice system & all other sectors of society; secure reproductive rights for all women; end all forms of violence against women; eradicate racism, sexism & homophobia, promote equality & justice in our society. NOW works to achieve our goals through political lobbying, grassroots political organizing, arbitration and litigation. We encourage you to become a member of this growing, vibrant feminist community. Meet the second Wednesday of the month at 7:00 pm and meetings are open to all.

#### **ALBANY, SCHENECTADY, TROY ROCKET ENTHUSIASTS —ASTRE**

Mark Hutchinson 518-286-2938

Email: [webgeek@astre471.org](mailto:webgeek@astre471.org)

Website: [www.astre471.org](http://www.astre471.org)

ASTRE promotes interest in model rocketry as a hobby. Launches are held in the summer.

Monthly meetings vary, check website or call the above for information. Membership is open.

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### **ALBANY VEGETARIAN NETWORK**

PO Box 1617, Latham, NY 12110

Jan or Dave Lajennesse – 518-686-7486

Email: [support@nyvegetarianexpo.org](mailto:support@nyvegetarianexpo.org)

Website: [www.nyvegetarianexpo.org](http://www.nyvegetarianexpo.org)

To promote and support vegetarianism in the greater Albany area, as well as compassionate, environmentally, friendly and healthy lifestyles. The AVN holds the annual NY's Capital Region Vegetarian Expo, featuring nationally renowned speakers and over 80 exhibitors relating to food and health, environmental sustainability and animals. In addition, AVN holds other events throughout the year, such as vegan potluck, ski trips and other fun activities. Our membership meetings are open to all. Visit the AVN's website listed above for the membership application and for information on our meetings.

### **AL-ANON / ALATEEN**

Al-Anon Family Groups, Box 14313, Albany, NY 12212

518-292-0577

Support group for families and friends of alcoholics. Call the above for meeting times and places.

### **ALCOHOLICS ANONYMOUS**

575 Broadway, Suites 128-130, Albany, NY 12204

518-463-0906 Hot Line Answered 24/7/365

Email: [manager@aaalbanyny.org](mailto:manager@aaalbanyny.org)

Website: [www.aaalbanyny.org](http://www.aaalbanyny.org)

Purpose: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other so that they may resolve their common problem and help others to recover from alcoholism. Meetings are daily. Please go to our website to check for meetings in our area or call 463-0906. Open to anyone who has a desire to stop drinking.

### **ALZHEIMER'S ASSOCIATION, NORTHEASTERN NEW YORK CHAPTER**

85 Watervliet Avenue, Albany, NY 12206

518-438-2217

Email: [infony@alz.org](mailto:infony@alz.org)

Website: [www.alz.org/northeasternny/](http://www.alz.org/northeasternny/)

Provides family support, education, research and advocacy concerning Alzheimer's disease.

### **AMERICAN NEEDLEPOINT GUILD / STATE CAPITOL STITCHERS/Albany ANG**

Nancy W. Perry, Ph.D, 46 Green Avenue, Castleton, NY 12033

518-474-8552 (evenings 518-732-7827)

Meet at the East Greenbush Library the third Thursday of each month at 5:00 pm.

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### **AMERICAN RECORDER SOCIETY, HUDSON-MOHAWK CHAPTER**

15 Bedell Avenue, Delmar, NY 12054

Darleen Koreman 518-482-6023

Email: [sandy@diamondridge.com](mailto:sandy@diamondridge.com)

Website: [hudsonmohawkrecorder.org](http://hudsonmohawkrecorder.org)

Affiliated with the American Recorder Society, the group plays and performs early music on recorders and other Renaissance instruments. Meetings are semimonthly at the Pruyn House, 207 Old Niskayuna Road, Colonie. Call 783-1435 for directions.

### **ANCIENT ORDER OF HIBERNIANS**

1021 Ninth Avenue, Watervliet, NY 12189

518-273-9725

Website: [www.hibernians.com](http://www.hibernians.com)

Provides a continuing bridge with Ireland for Irish-Americans who are generations removed from their country of origin. The original Order was formed in 1565, and The Ancient Order was founded in 1836 in New York's St. James Church. Meetings are for members only on the 4<sup>th</sup> Tuesday of the month.

### **ANONYMOUS FOUNDATION**

Box 368, West Sand Lake, NY 12196

Walter Ludwig 518-766-4571

James Garrett 518-438-2100

Email: [zeke1@capital.net](mailto:zeke1@capital.net)

Substance abuse training and education for counselors and individuals in 12 step programs. Monthly training sessions.

### **AUDUBON SOCIETY OF THE CAPITAL REGION**

c/o Five Rivers Environmental Education Center, 56 Game Farm Rd., Delmar, NY 12054

Email: [President@CapitalRegionAudubon.Org](mailto:President@CapitalRegionAudubon.Org)

Website: [www.capitalregionaudubon.org](http://www.capitalregionaudubon.org)

Chapter of the national organization to conserve and protect birds and wildlife habitat through advocacy and education. Activities include trips, programs and meetings. Meetings are held the 2<sup>nd</sup> Thursday from September to June in the William K. Sanford Colonie Town Library from 7-9 pm.

## **B**

### **BOY SCOUTS OF AMERICA, TWIN RIVERS COUNCIL**

253 Washington Avenue Extension, Albany, NY 12205

518-869-6436 / 1-800-734-2721

Website: [twinrivercouncilbsa.org](http://twinrivercouncilbsa.org)

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## **BRAIN INJURY ASSOCIATION OF N.Y.S.**

Judith Avner, 518-459-7911 / Toll Free Phone: 1-800-228-8201

Email: [info@bianys.org](mailto:info@bianys.org)

Website: [www.bianys.org](http://www.bianys.org)

The Brain Injury Association of NYS advocates for those with brain injury and their families. We provide education, support, prevention programs, and community outreach. We have state-wide representatives who work with those injured before age 22.

## **C**

### **CAPITAL COMMUNITY VOICES**

Contact: Marvin Helf, President

Email: [ccvsings@hotmail.com](mailto:ccvsings@hotmail.com)

Website: [www.bhsinging.info/cdata/capcv.html](http://www.bhsinging.info/cdata/capcv.html)

We are a four-part choral ensemble which presents everything from Brahms to Broadway, from classical to contemporary. No auditions required. All voices welcome especially tenors and basses. Spring and Winter concerts as well as performances at local nursing homes and community celebrations. Meeting held: Tuesdays 7-9 pm at the Columbia High School, September thru December and January thru May when East Greenbush Central Schools are in session.

### **CAPITAL DISTRICT CELTIC CULTURAL ASSOCIATION, INC. (CDCCA)**

Celtic Hall, 329 Columbia Turnpike, East Greenbush, NY 12061

Mailing Address: PO Box 14131, Albany, NY 12212

518-479-1029

Email: [info@cdcca.org](mailto:info@cdcca.org)

Website: [www.cdcca.org](http://www.cdcca.org)

The CDCCA is a not-for-profit organization. The CDCCA supports & promotes Celtic culture through scholarships, education, athletics, performance and exhibition of Celtic music, dance, art, language, and history for the entire family. "The Celtic School" offers Irish language instruction, Irish step dance, fiddle, flute, whistle, bagpipe & drumming lessons and Scottish Highland dance; Music workshops; traditional Irish music sessions; Celtic Concert series; Irish perception lecture series; Gaelic Football/Hurling club, plus much more. Meetings are the 2nd Wednesday of every month. Open to all interested parties.

### **CAPITAL DISTRICT CHILD CARE COORDINATING COUNCIL**

91 Broadway, Menands, NY 12204

518-426-7181

Website: [www.cdcccc.org](http://www.cdcccc.org)

A non-profit organization helping parents find child care by referring families to licensed day-care, family child-care, nursery schools, school-aged programs, and summer camps. Parenting workshops are also held.

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## **CAPITAL DISTRICT CIVIL WAR ROUND TABLE**

Box 14871, Albany, NY 12212

Website: [www.cdcwrt.org](http://www.cdcwrt.org)

Civil War experts promote, educate, and stimulate interest and discussion of all aspects of the Civil War. Meetings are the 2<sup>nd</sup> Friday of the month from September through June at the Guilderland Public Library at 7 pm. Spring and Fall banquets feature well known scholars. Fees are \$25 per year.

## **CAPITAL DISTRICT EDUCATIONAL OPPORTUNITY CENTER (CDEOC)**

*(Division of Hudson Valley Community College)*

145 Congress Street, Troy, New York 12180

Elizabeth Harris, Enrollment Specialist (518) 273-1900 ext. 2235

Provides free academic and vocational training to eligible NYS residents 16 years of age and older who meet educational & economic guidelines of admission. Also provide career assessments, assist with resume preparation, interviewing skills and the job search. The center offers academic and business programs as well as technical and service programs.

## **CAPITAL DISTRICT COOPERATIVE, INC. (The Capital District Farmers' Market)**

381 Broadway, Menands, NY, 518-465-1023

Email: [farmers@nycap.rr.com](mailto:farmers@nycap.rr.com)

The Capital District Farmers' Market is an organization founded to preserve the Capital District's agricultural heritage and the historical role which the Capital District Farmers Market in Menands has played a role, and to give growers and producers commodities and other farm-related products alternative marketing opportunities. The Market promotes the sale of locally grown products and to provide an educational forum for consumers to learn the benefits of quality locally grown food.

## **CAPITAL DISTRICT GENEALOGICAL SOCIETY**

Box 2175, Empire Plaza Albany, NY 12220

Contact: Arthur F. Young, Jr. 439-5160

Email: [ayoung03@verizon.net](mailto:ayoung03@verizon.net)

Website: [www.familyhistory.com/societyhall/viewmember.asp?societyid=25](http://www.familyhistory.com/societyhall/viewmember.asp?societyid=25)

Teaches members and interested persons how to trace family roots, lineage, and heritage. Also provides help to those seeking information about families residing in the Albany area. Meetings are the 3<sup>rd</sup> or 4<sup>th</sup> Saturday of the month at the William K. Sanford Town Library in Colonie at 2 pm. Computer group meets @ 1 pm before regular meeting.

## **CAPITAL DISTRICT HUMANIST SOCIETY**

PO Box 11209, Loudonville, NY 12211, 518-533-2666

Email: [cdhswebmaster@email.toast.net](mailto:cdhswebmaster@email.toast.net)

Website: [www.humanistsociety.org](http://www.humanistsociety.org)

CDHS is a non-profit, non-partisan, secular educational organization with commitment to rational and free inquiry. Activities include reading groups, discussion groups and social events.

Meetings are the 2<sup>nd</sup> Sunday of the month in Room 224 of the Campus Center at the Albany campus of the Sage Colleges, New Scotland and Academy Roads. Gather at 12:30 pm, Program starts at 1:15 pm. If interested send your name to receive a sample copy of *The Humanist Monthly*.

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### **CAPITAL DISTRICT PET BIRD CLUB**

Contact: Barbara Preisman, 518-374-5470 or Linda LaDuke, 518-346-1143

Email: [bpreisman@aol.com](mailto:bpreisman@aol.com) or [crazybirdpeople@aol.com](mailto:crazybirdpeople@aol.com)

Website: [www.birdclub.bravenet.com](http://www.birdclub.bravenet.com)

To educate pet owners on the proper care, nutrition, foraging, play & health of birds. We also do rescue and placement of pet birds. Activities include: monthly meetings, fun & educational, annual Bird Mart, annual picnic, outreach educational programs. Usually meet the 1st Monday of the month from 6:30-8:30 pm. Meetings are free and open to the public. Membership is \$20 each March to help finance the club, education programs, newsletter, postage and rescue, etc.

### **CAPITAL DISTRICT TRIATHLON CLUB, INC.**

18 Shepard Drive, Troy, NY 12180

George Burke 518-424-9566

Email: [GBurke4@nycap.rr.com](mailto:GBurke4@nycap.rr.com)

Website: [www.cdtriclub.org](http://www.cdtriclub.org)

The club promotes a healthy lifestyle and participation in multi-sport activities such as swimming, biking, and running. The club holds training sessions and gives training tips. Meetings are monthly from September-May. Membership is open to all within the Capital District and surrounding areas.

### **CAPITAL HUDSON IRIS SOCIETY**

107 Vley Road, Scotia, New York 12302

Linda Montanaro 518-377-4987

Email: [lmontanaro@webtv.net](mailto:lmontanaro@webtv.net)

Gardening activities with a focus on irises, shows, tours and sales. Meet the third Sunday of the month, social starts at 1:30, program at 2:00 at the EG Library, Sept. thru May. Tour shows during the summer. Publish a monthly newsletter (\$5.00), meetings open to the public.

### **CAPITAL REGION ASSOCIATION FOR EATING DISORDERS**

1653 Central Avenue, Albany, NY 12205

c/o Colonie Community Center

518-464-9043

Not-for-profit organization to meet the needs of, and coordinate services for individuals and their families which are affected by eating disorders. Call for time and place of support group meetings.

### **CAPITAL REGION ROMANCE WRITERS OF AMERICA**

PO Box 314, East Greenbush, NY 12061

Email: [president@cr-rwa.org](mailto:president@cr-rwa.org)

Website: [www.cr-rwa.org](http://www.cr-rwa.org)

Professional educational organization to promote romance writers.

Meetings: 2nd Saturday of each month from 1 to 3 p.m. Call the above for location.

Activities include workshops, critique groups, newsletters, and networking affiliations.

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### **CAPITALAND CHORUS**

For membership: Judy Fraser, 785-3567

Contact: Judy Hughes 371-9541

Email: [jalh28@aol.com](mailto:jalh28@aol.com)

Website: [www.capitalandchorus.homestead.com](http://www.capitalandchorus.homestead.com)

Affiliated with Sweet Adelines International, 80 women sing four-part harmony. The chorus is a learning organization that performs locally and also competitively. New members and visitors always welcome! Ages 18-60+. Meetings every Thursday, 7-10 pm at the New Covenant Presbyterian Church, 916 Western Ave. Albany, NY.

### **CAPITOLERS**

Tina Greenfield 518-283-6384

555 Bloomingrove Drive, Rensselaer, NY 12144

Email: [tngjeg@aol.com](mailto:tngjeg@aol.com)

Website: [www.decorativepainters.org/chapters/proddetail.php?prod=99043](http://www.decorativepainters.org/chapters/proddetail.php?prod=99043)

Local chapter of the National Society of Tole and Decorative painting on wooden, metal crafts.

### **CAREGIVERS RESPITE PROGRAM OF CATHOLIC CHARITIES**

100 Slingerland Street, Albany, New York 12202

Contact: Christine Damon 518-449-2001, ext. 120

This group meets the 4th Tuesday of each month at the East Greenbush Library from 6:00-7:15 to offer caregivers support for those that are caring for elderly loved ones throughout Rensselaer County.

### **CASTLETON VOLUNTEER AMBULANCE SERVICE, INC.**

1700 Brookview Road, Castleton, NY 12033

518-732-2563

A volunteer ambulance service doing emergency care and transport of the sick and injured.

### **CATHOLIC CHARTIES KINSHIP CARE SUPPORT SERVICES**

100 Slingerland Street, Albany, NY 12202

518-449-2001

Contact: Chris Schaffner, Email: [chriss@ccalbany.org](mailto:chriss@ccalbany.org)

Offers a support group for those relatives who are raising their children or grandchildren. This group meets monthly at the East Greenbush Library. Contact the program director for more information on meeting times.

### **CENTER FOR CREATIVE RETIREMENT**

HVCC (Hudson Valley Community College), 80 Vandenburg Ave., Troy, NY 12180

Contact: Community Education @ 518-629-7339 for information or to register for classes

Website: [www.hvcc.edu](http://www.hvcc.edu)

Daytime classes that are reasonably priced for retired individuals.

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### **CIRCLES OF MERCY**

11 Washington Street, Rensselaer, NY 12155

Richard Zazycki, 518-462-0899

Email: [circlesofmercy@nycap.rr.com](mailto:circlesofmercy@nycap.rr.com)

Website: [www.circlesofmercy.org](http://www.circlesofmercy.org)

Offering a variety of services and programs to those in need such as clothing assistance, counseling, parenting education and support, help with employment, legal assistance and health care, especially for women and women with children.

### **CITIZENS AGAINST RIVERFRONT POLLUTION (CARP)**

Susan Beers 518-463-4818

Email: [jcrens@aol.com](mailto:jcrens@aol.com)

Call the above for meeting times and dates. CARP will research riverfront pollution cleanup and petition and lobby for clean reuse of property.

### **COLUMBIA ALL SPORTS CLUB**

Columbia High School Athletic Office 962 Luther Road, East Greenbush, NY 12061

Cathy Graziano, President 518-477-8168

Mike Leonard, Athletic Director, East Greenbush Public Schools 518-207-2080

Email: [Cgrazi@nycap.rr.com](mailto:Cgrazi@nycap.rr.com)

Promotes all of the sports programs in the School District. Sponsors homecoming activities, scholarships, and Safe Homes Program. Raises funds for athletic programs through sale of All Sport Passes and Columbia sports ware. Meetings are held the 2<sup>nd</sup> Monday of each month at 7 p.m. in the high school faculty room. Members are asked to purchase an All Sports Pass.

### **COLUMBIA YOUTH LACROSSE, INC.**

11 Pine Drive North, Nassau, NY 12123

Chip Balzer 518-766-2078

Youth in grades 3 to 6 participate in lacrosse instruction, practices, and games every Tuesday and Thursday from 6:00 to 7:30 p.m. during May and June. Registration is required.

### **COMMUNITY ACTION NETWORK**

Jean Casatelli 518-477-6618

Karen Codner 518-283-5384

Email: [jcrens@aol.com](mailto:jcrens@aol.com)

Advocates for town development that respects the town's natural and historic assets. Members attend town meetings, lobby decision makers, write letters and organize rallies. Communication is via phone and email. Membership is open to all who care about their hometown and neighbors.

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### COMPASSIONATE FRIENDS

Jan Messina 439-0346

17 Egmont Ct., Delmar, 12054

A self-help group offering compassion and understanding for the loss of a child, sibling or a grand-child.

### CONSUMER CREDIT COUNSELING SERVICE OF CENTRAL NEW YORK

2 Computer Drive West, Albany, NY 12205

518-482-2227 / 1-800-479-6026

Website: [www.cccscny.org](http://www.cccscny.org)

Offers free and confidential counseling, community education programs, and debt retirement programs. Meetings are 8am-5pm, M-F (evening hours available) at 2 Computer Drive West. Fees for counseling are free with a sliding scale fee for debt reduction plan.

### CORNELL COOPERATIVE EXTENTION OF RENSSELAER COUNTY

61 State Street, Troy, NY 12180

518-272-4210 (8 am - 4 pm)

Website: [www.cce.cornell.edu/reusselaer](http://www.cce.cornell.edu/reusselaer)

Family education including parenting, resource management, child discipline, self-esteem and promoting self-sufficient families. Nutrition education providing expertise in all phases of food and nutrition to make menus more nutritious and healthful for families, children and seniors. Nutrition teaching assistants available.

## D

### DAUGHTERS OF THE AMERICAN REVOLUTION, FORT CRAILO CHAPTER

1969 East Schodack Road, Castleton, NY 12033

Denise Wright, 477-7175

Membership Info: Ruth Udvary, 674-2657

Email: [fortcraiodar@earthlink.net](mailto:fortcraiodar@earthlink.net)

Website: [www.fortcraiodar.org](http://www.fortcraiodar.org)

Affiliated with the National Society of the Daughters of the American Revolution. The chapter perpetuates the memory and spirit of the men and women who achieved American independence by developing enlightened public opinion, fostering patriotic citizenship and, promoting educational historic preservation. Members participate in volunteer services, genealogy workshops, and offer awards such as the DAR Good Citizens. Meetings are the 2nd Saturday of the month at 10:00 am.

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## **E**

### **EAST GREENBUSH ART CLUB**

36 Old Troy Road, East Greenbush, New York 12061

Contact Person: Karen McCann

Telephone Number: 518-477-4791

The group meets to learn the techniques and joys of drawing through professional instruction, shared drawing projects and discussions of the artwork. Meetings are once a week for 12 weeks, beginning the first week in January on Tuesdays from 1:00-5:00 pm at the East Greenbush Library, with an artist for instruction in drawing and to share our work and experiences. The rest of the year (except for June-August), members meet in the Pentimento Studio in the Illium Building in Troy, on Mondays from 2:00-5:00 pm to continue lessons in drawing. Some members take oil painting at the studio instead which is on Tuesdays from 2:30-5:30 pm. Membership Fees: Variable based on expenses.

### **EAST GREENBUSH BUSINESS ALLIANCE**

Contact: Kim Levy, 477-7984 work

Email: EGBusAlli@yahoo.com

The East Greenbush Business Alliance is committed to promoting local businesses through improved communication, networking and beautification of our community. Membership is open to any business and concerned members of East Greenbush. The alliance meets the third Wednesday of each month at Coldwell Banker on Route 4 in East Greenbush at 8:00 am.

### **EAST GREENBUSH GARDEN CLUB**

Pat Sharer, President - 732-2267

Meet 1st Tuesday of the month. Meetings consist of a horticulture report and flower arranging. Organized since 1958. Annual events: May Plant Sale, Garden Therapy Project, Annual Scholarship.

### **EAST GREENBUSH GIRLS' SOFTBALL LEAGUE**

3120 Partridge Drive, East Greenbush, NY

Fred Carr 518-486-2892 (day) 477-3856 (evenings)

Rules committee meets in January. Call the above for more information.

### **EAST GREENBUSH LITTLE LEAGUE, INC.**

518-477-6440

### **EAST GREENBUSH PARKS TASK FORCE**

34 Empire Circle, Rensselaer, NY 12144

Ginny O'Brien 518-434-3347

Sets goals for the parks and recreation areas of the Town and provides the Town Board with direction and vision for the future of the park system. Community volunteers are appointed by the Town administration and Board members. The volunteers hold an annual springtime "Adopt-a-Park" endeavor to beautify the town's parks. Monthly meetings are held to discuss and recommend improvements and enhancements to the existing parks.

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## **EAST GREENBUSH POP WARNER**

518-477-6667

## **EAST SIDE QUILTERS**

Emma Yurish, 781-3718

Website: [www.timesunion.memlink.com/default.aspx](http://www.timesunion.memlink.com/default.aspx)

Meet the 1st Wednesday of each month (work nights) at the Castleton VFW Post 7337, Rte. 150 in Castleton. Also meet the 3rd Tuesday of each month as business meetings (sometimes with speakers). Meetings are open to everyone who is interested in quilts and learning to quilt. Meetings begin at 7 pm. Dues are \$15 for year. Year round program and schedule periodical workshops during the year, often on weekends.

## **EDITORIAL FREELANCERS ASSOCIATION, ALBANY AREA CHAPTER**

Rebecca McBride, 518-392-9718 or 518-432-2572

Email: [rmcbride@taconic.net](mailto:rmcbride@taconic.net)

Website: [www.the-efa.org](http://www.the-efa.org)

For freelance editors, writers, translators, researchers to network, share information and resources, learn more about self-employment and jobs. Activities include discussion and sharing of information, speakers on self-employment, editing, writing, research, and tips for freelancers. Meetings are quarterly on Tuesday evenings, 5:30-7:30 pm. Membership is not required however membership in the EFA is available.

## **EMBROIDERERS' GUILD OF AMERICA, INC. CAPITAL DISTRICT CHAPTER**

Box 443, Slingerlands, NY

Ann Cohan, 518-475-1483 [gardengal345@yahoo.com](mailto:gardengal345@yahoo.com)

Christine Kellett, Membership Chair 518-355-4755 [camkesq@aol.com](mailto:camkesq@aol.com)

Contacts: Judith VanVoorhis, 518-393-5106 or Ann Langhauser, 518-768-2094

Website: [www.nycapega.org](http://www.nycapega.org)

Open to anyone interested in needle arts. Activities include lectures and workshops to teach design and needlework techniques. A biennial seminar and exhibit is planned. Day and evening meetings are held. Call the above or visit the website for times and places.

## **EPILEPSY FOUNDATION OF NORTHEASTERN, NY**

3 Washington Square, Albany, NY 12205

Jeannine S. Garab, Executive Director, 518-456-7501

Email: [jgarab@epilepsyneny.com](mailto:jgarab@epilepsyneny.com)

Website: [www.epilepsyfoundation.org/efneny](http://www.epilepsyfoundation.org/efneny)

Our organization serves 22 counties in northeastern New York including all of Rensselaer County.

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## **F**

### **4H CLUB**

#### **Vicarious Visions**

Emilie “Tobi” Saulnier 518-283-4090 ext. 267 (518-428-2174 evenings)  
5 Upper Mannix Road, East Greenbush, NY 12061

### **FLYING KNIGHTS MAC of TROY**

4242 Amanda Lane, Schenectady, NY 12303 518-439-2153  
Email: Bob Sanborn, Secretary: [r\\_sanborn@global2000.net](mailto:r_sanborn@global2000.net)  
Website: [www.flyingknights.com](http://www.flyingknights.com)

Promote the hobby/sport of model RC Aviation. Model RC Aviation is not only exciting but is probably one of the most effective teaching tools you will find. It teaches about the principles of aviation, flying, electronics, control systems, construction practices and the list just goes on and on. Activities: Sport Flying, Building and flying experimental designs, aerobatics and fun-fly events. Meetings the first Wednesday of each month at 7:00 pm. Membership is always open to new members and will let individuals try their hand at flying before deciding to join. Most members are more than willing to help a beginner through this learning experience.

### **FOLK MUSIC: CULTURAL EXPLORATION THROUGH PARTICIPATION**

Contact: Roger Allen 518-461-4524

Email: [MillenJournal@cs.com](mailto:MillenJournal@cs.com)

Monthly discussions and “SING-A-LONGS”, where an exploration of the significance and meaning of folk music, a time honored tradition, often misunderstood and too often underappreciated. After open discussions about the setting, history and impact of each of the individual songs picked for that meeting, then participants will experience and play it. Bring “folk” songs of interest to introduce. If you play an acoustic (unamplified) instrument (fiddles, guitars, mandelins, banjos, etc.), please bring it along. The meetings are free and open to the public and refreshments are provided.

### **FRIENDS OF EAST GREENBUSH COMMUNITY LIBRARY**

10 Community Way, East Greenbush, NY 12061

Malcolm Bell 518-477-7161

Email: [mbell@nycap.rr.com](mailto:mbell@nycap.rr.com)

Website: [www.eastgreenbushlibrary.org/friends.htm](http://www.eastgreenbushlibrary.org/friends.htm)

The Friends support the library as an indispensable, expanding cultural resource through fundraising, donations and grants to the library. Meetings are the 3<sup>rd</sup> Tuesdays of February, April, June, September and November at 6:30 pm at the library. Book Sales are semi-annual in the spring and fall, as well as a Fall Children’s Festival and Book Sale in September.

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### **FRIENDS OF FORT CRAILO**

9 1/2 Riverside Avenue  
Rensselaer, NY 12144  
518-463-8738  
Keith Bemiss, email: [kbemis1@nycap.rr.com](mailto:kbemis1@nycap.rr.com)  
Website: [nysparks.state.us/sites/info](http://nysparks.state.us/sites/info)

### **FUNBALL INC.**

87 Mountain View Road, Nassau, NY 12123  
Daniel Spilman 518-477-7665  
Email: [funball@earthtones.com](mailto:funball@earthtones.com)

Funball provides a non-competitive slow-pitch mixed league baseball league for girls and boys in grades K-6 during May and June. Games are played twice a week on Monday through Friday evenings and on Saturdays at Green Meadow Elementary School in Schodack N. Y. No practices, time is spent before games teaching basic skills. Organizational meeting is held in April at Green Meadow Elementary School. Contact the above for more information.

## **G**

### **GAMBLERS ANONYMOUS**

518-463-2586  
Support group. Call for meeting days and places.

### **GARDEN CLUB OF EAST SCHODACK**

Meetings are held at 7 p.m. on the 2<sup>nd</sup> Friday of the month in St. Stephen's Lutheran Church Fellowship Hall in East Schodack

### **GIRL SCOUTS OF NORTHEASTERN NY, INC. (GSNENY)**

8 Mountain View Avenue, Albany, NY 12206  
518-489-8110 phone; 518-489-8065 fax  
Contact: Christine Bugbee, Community Relations Specialist  
Email: [cbugbee@gsneny.org](mailto:cbugbee@gsneny.org)  
Website: [www.gsneny.org](http://www.gsneny.org)

Girl Scouting is dedicated to building the best leadership experience that defines activities and outcomes, is differentiated by age-level, promotes consistency and offers flexible pathways for participation for all girls ages 5-18.

### **GREATER CAPITAL REGION BUSINESS AND PROFESSIONAL WOMEN**

72 Clinton Street, Albany, NY 12202  
Website: [www.bpwusa.org/custom/state\\_locals/details.cfm?state=ny](http://www.bpwusa.org/custom/state_locals/details.cfm?state=ny)  
Advancement of women in business and the professions with networking, scholarships, seminars, political lobbying, and other support. Meetings are the 3<sup>rd</sup> Tuesday of the month at the Best Western Airport Inn, Colonie.

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**GREENBUSH CHILD CARING, INC.**

Administrative Office, 5 Greenwood Dr., East Greenbush, NY 12061  
518-477-4125

**GREENBUSH SOCCER CLUB, INC.**

Box 14, East Greenbush, NY 12061  
Email: [webmaster@greenbushsoccer.org](mailto:webmaster@greenbushsoccer.org)  
Website: [www.greenbushsoccer.org](http://www.greenbushsoccer.org)

Youth Soccer teaches the game of soccer to develop character in community youth. Participants learn to have fun and enjoy the game. Practices and games are held. Board meetings are held at 7:30 p.m. the 1<sup>st</sup> Tuesday of every month at Goff Middle School, except during July and August.

**GREENBUSH YMCA, Capital District YMCA**

20 Community Way, East Greenbush, NY 12061  
518-477-2570

Email: [smcavoy@cdymca.org](mailto:smcavoy@cdymca.org)  
Website: [www.cdymca.org](http://www.cdymca.org)

Offers program for youth: afterschool care, summer camps, youth sports, pre-school gym, fitness for youth and childcare as well as teen counseling (ages 12-15) and employment for teens ages 16 and over.

**H**

**HABITAT FOR HUMANITY OF RENSSELAER COUNTY**

82 Third Street, Troy, NY 12180  
Habitat Office 518-283-6224  
Website: [www.rensshhab.org](http://www.rensshhab.org)

HFHRC builds simple, decent, affordable housing for low-income residents of Rensselaer County by planning with the family as well as area businesses and community groups. Participation is welcome in every area from fund-raising to house construction. Monthly meetings are held for Board and Committees.

**HAPPY KIDS DAY CARE CENTER (Emmanuel Reformed Church)**

1150 Maple Hill Road, Castleton, NY 12033  
518-732-4569

We provide a loving, caring and safe environment for children ages 6 weeks through 5 years of age. Children can learn, feel secure, confident and free to explore their world. Our program promotes the physical, social, mental, emotional and spiritual growth of the children in our care.

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### **HAVEN GRIEF COUNSELING CENTER**

703 Union Street, Schenectady, NY 12305

518-370-1666

Email: [judiantokol@choiceonemail.com](mailto:judiantokol@choiceonemail.com)

Website: [havengriefcounselingcenter.org](http://havengriefcounselingcenter.org)

Haven offers counseling and emotional support to children and adults who are experiencing grief and loss due to bereavement, chronic illness, divorce, job loss, termination of parental rights, homelessness as well as other unexpected life changing events.

### **HAWTHORNE RIDGE**

30 Community Way, East Greenbush, NY 12061

518-833-1111

Website: [www.northeasthealth.com/Retirement\\_Living/Hawthorne\\_Ridge](http://www.northeasthealth.com/Retirement_Living/Hawthorne_Ridge)

Full service retirement community currently in development on the campus of the East Greenbush Library and YMCA. Maintenance-free living, including apartments, dining, scheduled transportation and social/recreational/educational activities. An Eddy Retirement Community.

### **H.E.A.R. (HEARING ENDEAVOR FOR THE ALBANY REGION)**

Hearing Center, c/o Albany Medical Center Hospital, New Scotland Ave., Albany, NY 12208

James Kelly 518-869-3771 (evenings) Donna S. Wayner, Ph.D. 518-262-4535

A volunteer organization of persons with hearing loss, their friends, families and other concerned individuals. HEAR is nonprofit and a chapter of the national organization, SHHH, Self Help for Hard of Hearing People, Inc. Meetings are the 4<sup>th</sup> Thursday of every month, Room D105, at Albany Medical Center, 7 p.m.

### **HISPANIC OUTREACH SERVICES**

40 North Main Avenue, Albany, NY 12203, 518-453-6655

Email: [ANNE.TRANELLI@rcda.org](mailto:ANNE.TRANELLI@rcda.org)

Website: [www.hispanicoutreachservices.org](http://www.hispanicoutreachservices.org)

Provides human services to the Hispanic communities of Albany, Montgomery, Rensselaer and Schenectady counties. Office hours are 8:30 a.m.-4:30 p.m. Monday - Friday.

### **HISTORICAL SOCIETY OF EARLY AMERICAN DECORATION**

PO Box 30, Cooperstown, NY 13326-0030

Lynne Richards, 518-477-4749

Email: [lynnedee@nycap.rr.com](mailto:lynnedee@nycap.rr.com)

Website: [www.HSEAD.org](http://www.HSEAD.org)

To perpetuate early American techniques in painting including clock dials, theorems, reverse painting on glass, Victorian flower painting, stencilling on trays and country painting on tin. There are 4 meetings per year as workshops and meetings. Meet the third Friday in Sept., Oct., April and June. Membership fees: Associate \$50., Guild \$40.

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## **HOLIDAY RAMBLER RECREATIONAL VEHICLE CLUB**

**(HRRVC, Chapter 51 - TriValley)**

President - Bob & Shirley Schenmeyer

Secretary - Cynthia Reineke

518-368-6514

Website: [www.hrrvc.org](http://www.hrrvc.org)

Open to owners and families of Holiday Rambler Recreational Vehicles. Group meets monthly from October through April at the East Greenbush Library to plan and discuss campouts for the group to attend for the spring and summer months.

## **HOMEWATERS, TROUT UNLIMITED, Chapter 586**

46 Best Luther Rd, East Greenbush, NY 12061

President: Vic Widmann, 477-4428

Email: [widmannv@localnet.com](mailto:widmannv@localnet.com)

Website: [tu.org](http://tu.org)

Mission to conserve, protect and restore the coldwater fisheries and watersheds through educational programs, planning stream projects and as stream watchers to report any problems. The chapter's territory includes all coldwater fisheries within Rensselaer County.

## **HUDSON-ADIRONDACK DAYLILY SOCIETY**

518-872-0120

Email: [daylily@juno.com](mailto:daylily@juno.com)

Website: [www.ahsregion4.org/hads.htm](http://www.ahsregion4.org/hads.htm)

To bring together serious gardeners for fellowship, sharing ideas and plant material, to promote our favorite flower, the daylily. Activities: Meeting, including pot luck lunches, conventions, garden tours, plant sales, member auction, photo contest, outstanding newsletter, door prizes, plant "babysitting" program, and fun. Meetings are held the 3rd Saturday of March, April, May, June, September and October from 10am to 1 pm at the Albany County Cooperative Extension on Martin Road in Voorheesville. Membership fee: \$5.00/year, send to Carol Volungus, HADS Treasurer, 4 Applewood Drive, Rexford, NY 12148.

## **HUDSON-MOHAWK BIRD CLUB, INC.**

518-439-8080

Email: [contact@hmhc.net](mailto:contact@hmhc.net)

Mail Inquiries to: Dan Welsh, c/o TSV, 700 Columbia Turnpike, East Greenbush, NY 12061

c/o Five Rivers Center, Game Farm Road, Delmar, NY 12054

Website: [www.hmhc.net](http://www.hmhc.net)

Bird-watching club of about 400 local members are offered 50 field trips per year and monthly bird-related programs. Beginners and public welcome (except on overnight trips which are limited to members). Birdline of Eastern New York describes local bird sightings and upcoming programs and field trips.

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### **HUDSON MOHAWK RECOVERY CENTER**

743 Columbia Turnpike, East Greenbush, NY 12061  
518-477-7535

Aids people in the recovery of alcohol and substance abuse. There are group meetings and individual treatment programs for those accepted into the clinic. AA meetings are held Tuesday at noon.

### **HUDSON MOHAWK ROAD RUNNERS CLUB**

P.O. 12304, Albany, NY 12212

For Membership Information: Ed Gillen, 489-4308, [vc47@aol.com](mailto:vc47@aol.com)

Website: [www.HMRRC.com](http://www.HMRRC.com)

Promotes and sponsors road races several times a year, for all distances and all ages and abilities. Publishes a monthly magazine. Call above for more information.

### **HUDSON VALLEY SNOWMOBILE CLUB, Inc.**

Donald McKnight, Treasurer

9 Edgewood Terrace, Castleton-on-Hudson, NY 12033

Website: [www.membership.nyssnowassoc.org](http://www.membership.nyssnowassoc.org)

An organization fostering the sport of snowmobiling in Rensselaer and Columbia Counties of the Capital District of New York State. The club is a member of the NYS Snowmobile Association. A portion of the members's dues go to paying for each individual's membership in the state organization. We are a non-profit group of volunteers. The annual membership dues are \$20/per household. Meetings are held on the 3rd Thursday of every month at 7:30 pm in Castleton. Check the [timesunion.memlink.com](http://timesunion.memlink.com) for meeting locations. All members are required to carry adequate and proper insurance for their snowmobile and are strongly encouraged to complete the 8-hour NYS snowmobile safety course.

## **I-J**

### **INDEPENDENCE PARTY OF NEW YORK STATE**

Rensselaer County Contact: Wanda F. Chenot

Email: [rensselaer@ipny.org](mailto:rensselaer@ipny.org)

Website: [www.ipny.org](http://www.ipny.org)

### **INTERNATIONAL ASSOCIATION OF ADMINISTRATIVE PROFESSIONALS (IAAP) (CAPITAL DISTRICT CHAPTER)**

Linda Yates, CPS, President

Email: [lsyhome@nycap.rr.com](mailto:lsyhome@nycap.rr.com)

Website: [www.iaap-hq.org](http://www.iaap-hq.org)

The goals of IAAP are to help administrative professionals develop and fulfill their personal and professional potential and to ensure recognition of the profession in the workplace. The organization is made up of international, division and chapter levels. Meetings the 3rd Tuesday of each month, September - June at the Best Western Airport Inn, Wolf Rd., Colonie at 6:00 pm.

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**JDRF – JUVENILE DIABETES RESEARCH FOUNDATION,  
NORTHEASTERN NY CHAPTER, (Capital Region)**

6 Greenwood Drive, East Greenbush, NY 12061, 518-477-2873

Email: [northeastny@jdrf.org](mailto:northeastny@jdrf.org)

Website: [www.jdrf.org](http://www.jdrf.org)

Our mission is constant: to find a cure for diabetes and its complications through the support of research. We also provide information and support to families and friends of Type 1 Diabetics. Activities: JDRF holds many fund-raising events to help support our mission, such as Walk to Cure Diabetes, galas, golf classic and Ride to Cure Diabetes. We have a public outreach program, Bags of Hope to help children who are newly diagnosed with juvenile diabetes. Please call for information.

**JUNIOR LEAGUE OF TROY**

PO Box 1161, Troy, NY 12180; 518-272-1962

Email: [JLTroy@hotmail.com](mailto:JLTroy@hotmail.com)

Website: [www.jltroy.org](http://www.jltroy.org)

Founded in 1929, the league is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through effective action and leadership of trained volunteers and various community projects and fundraisers. Its purpose is exclusively educational and charitable. Membership is open to all women 18 years of age and older who have a strong commitment to voluntarism and community service.

**K**

**KARNER PSYCHOLOGICAL ASSOCIATES**

2500 Pondview, Suite 107, Castleton, NY 12033

518-456-5056

Website: [karnercare.com](http://karnercare.com)

The Castleton office provides easy access for Rensselaer and Columbia county residents. The office has two licensed psychologists and two licensed social workers providing therapy, assessment and consultation for clients of all ages.

**KIWANIS CLUBS OF THE AREA**

**CASTLETON KIWANIS**

Scarnato's Ristorante, Castleton (Wednesday 6:30 p.m.)

**RENSSELAER KIWANIS**

Rensselaer Volunteer Ambulance, 901 Third St., Rensselaer (Thursday 6:30 p.m.)

**KWANIS CLUB OF SAND LAKE, INC.**

Regan's Steak 'N' Seafood Restaurant, 8905 NY Rte. 66, Averill Park (Monday 6:30 p.m.)

**WYNANTSKILL KIWANIS**

Paolo Lombardi's, West Sand Lake Road, Troy

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## **L**

### **LA LECHE LEAGUE**

79 Craver Road, West Sand Lake, NY 12196

Jennifer Hurd, 283-5187

Hotline: 518-439-1774

Website: [www.Conwaycreations.com/delmarLLL](http://www.Conwaycreations.com/delmarLLL)

Provides breastfeeding support with monthly meetings and telephone contacts. Meetings are held monthly at the East Greenbush Library. Dates and times vary each month.

### **LEAGUE OF WOMEN VOTERS, Rensselaer County**

265 River Street, Troy, NY 12180

Margaret Story, Co-President, 518-273-0552

Email: [Mjstory12@aol.com](mailto:Mjstory12@aol.com)

Website: [www.lwvrensselaer.org](http://www.lwvrensselaer.org)

Provides political responsibility through informed and active citizen participation. Meeting times and locations vary. Yearly fee is \$35 for individuals and \$50 for households.

### **LIONS CLUB — TROY LIONS CLUB**

Jerry Gordon 518 235-8232

Lions Clubs promote community service with emphasis on the sight and hearing impaired.

Call the above for membership information and places and times of meetings.

### **LITERACY VOLUNTEERS – GREATER RENSSELAER COUNTY NY**

1915 Fifth Avenue, Troy, NY 12180

Contact: 518-274-8526

Email: [lvorc@nycap.rr.com](mailto:lvorc@nycap.rr.com)

Website: [www.lvorc.org](http://www.lvorc.org)

Literacy Volunteers, Greater Rensselaer County is a nonprofit VOLUNTEER educational organization that provides free, confidential tutoring to adults, out-of-school teens, and families, living in the eastern New York Capital District region, in reading, writing, and conversational English in order to help these learners achieve their personal, social, educational and job-related goals; and recruits and trains volunteers to provide this tutoring.

## **M**

### **MANY PURLS KNITTING GUILD**

Po Box 532, 4401 NY 150, West Sand Lake, NY 12196

Stephanie Olivio, President, 674-2761

All levels of knitting are invited to attend, ages 10+. \$12/year membership fee. Meetings are held the third Monday of each month at 7:30 pm.

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### **MAPLE HILL HIGH SCHOOL - SADD CHAPTER**

1216 Maple Hill Road, Castleton, NY 12033  
518-732-7701

Maple Hill High School SADD purpose is to promote active awareness among all students of the risks involved with the use of alcohol and other drugs, and to involve students in encouraging a “no-use” policy. To act as a peer leadership group dedicated to prevent destructive decisions involving alcohol and other drugs, teen violence, suicide, risks while dating, impaired driving and smoking.

### **MOHAWK HUDSON CYCLING CLUB**

Box 1257, Albany, NY 12212-0575

Email: [mhcc@topica.com](mailto:mhcc@topica.com)

Website: [www.webmhcc.org](http://www.webmhcc.org)

Recreational bicycling, road and off-road from various starting places in the tri-city area. There are weekend rides at various speeds, a few overnight trips and evening rides when daylight allows. Meetings are monthly October-May. Dues are \$15 with an additional \$3.00 for same household.

### **MOHAWK & HUDSON RIVER HUMANE SOCIETY**

3 Oakland Avenue, Menands, NY 12204

518-434-8128

Website: [www.mohawkhumanesociety.org](http://www.mohawkhumanesociety.org)

Established in 1887, the Society, a nonprofit organization, works to reduce the population of unwanted animals into suitable adoptive homes. The Society seeks to prevent animal abuse and assists law enforcement with the conviction of perpetrators of such abuse. Therapy animals are brought to nursing home residents. The Society serves Albany and Rensselaer Counties (with a combined population of over 800,000) and part of Schenectady.

### **MOMS CLUB – GREENBUSH/CAPITAL DISTRICT**

PO Box 115, East Greenbush, NY 12061

Sharleen Remington, 518-477-9665

Email: [momsclubgreenbush@gmail.com](mailto:momsclubgreenbush@gmail.com)

Website: [www.momsclub.org](http://www.momsclub.org)

International organization dedicated to supporting all mothers at home. (Dads and Grandparents are welcome too.) Activities for moms and kids are playgroups, museum visits, field trips, mom’s night out, community service projects, family days, arts and crafts, guest speakers at meetings, and much much more. Monthly calendar is available and gives meeting and activity schedules. Dues are \$20 per year to cover the cost of the newsletter. Meet the last Friday of every month at the library.

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## **N**

### **NATIONAL M.S. SOCIETY**

421 New Karner Road, Suite 6, Albany, NY 12205

Lori Rhodes 518-464-0910

Email: [lminer@msupstatenyalb.org](mailto:lminer@msupstatenyalb.org)

Website: [www.nationalmssociety.org](http://www.nationalmssociety.org)

A Rensselaer County Self-Help Group that meets at the library the 3rd Tuesday of each month from 10:00 - 11:30 am. Provides an opportunity for people with MS, family and friends to gather, share experiences and receive support.

### **NEW YORK STATE LEGISLATIVE FORUM**

Box 7152, Capitol Station, Albany, NY 12224

Patricia Leonard 518-437-6567

Non-partisan, educational forum for discussion of NYS legislative issues. Meetings are on alternate Wednesdays during the State Legislative session. Membership annual fee of \$20 includes the *Forum Report*.

### **NEW YORK STATE THEATRE INSTITUTE**

37 First Street, Troy, NY 12180

518-274-3200

Sara L. R. Melita, email: [tasdirector@nysti.org](mailto:tasdirector@nysti.org)

Website: [nysti.org](http://nysti.org)

The institute offers a theatre arts school and workshops for young people throughout the year, programs for teachers and schools, and internships for high school seniors and college students.

### **NIKKEN WELLNESS CONSULTANTS**

950 Route 9J, Stuyvesant, NY 12173

Barbara Stevens (518) 758-7479

Email: [infinitepossibilities2001@yahoo.com](mailto:infinitepossibilities2001@yahoo.com)

Website: [www.5pillars.com](http://www.5pillars.com)

Meetings to discuss new technologies and modalities for complimentary healing techniques for a healthy lifestyle.

### **NORTHEAST PARENT & CHILD SOCIETY RESIDENTIAL TREATMENT CENTER**

122 Park Avenue, Schenectady, NY 12304

518-346-2387

Website: [northeastparentchild.org](http://northeastparentchild.org)

NPCS has many programs for families such as abuse, counseling for eating disorders and any type of family crisis, and prevention programs for families you may be struggling with issues that place their child at risk for being removed from their homes.

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## **P**

### **PARENTS & PROFESSIONALS FOR EXCEPTIONAL PROGRESS**

#### **(PEP of the Capital Region)**

Joyce Chicoine, Email: [chicoinej@verizon.net](mailto:chicoinej@verizon.net)

Maria Blanchard, Email: [kb1msl@yahoo.com](mailto:kb1msl@yahoo.com)

Website: [pep-albny.org](http://pep-albny.org).

Discussion groups and speakers provide education and information on the most current research and treatments for disabled individuals.

### **POKINGBROOK MORRIS DANCERS**

PO Box 3939, Albany, NY 12203

Contact: Ruth Olmsted, 518-383-3482

Email: [rolmsted@excelsior.edu](mailto:rolmsted@excelsior.edu)

Website: [home.nycap.rr.com/pkb/](http://home.nycap.rr.com/pkb/)

The Pokingbrook Morris Dancers are dedicated to the traditional dances of England. The team's purpose is to encourage, perpetuate, and maintain old traditional English dances through study, practice and live performance. Activities include: Weekly practice meetings from September through June; local performances, mostly on weekends in May, June, September, December and February; travel to occasional gatherings with other morris dancers or folk groups. New dancers always welcome. Children must have a parent or other designated adult to accompany them to practices and events.

## **R**

### **RED HAT SOCIETY**

403 Chatham Court, East Greenbush, NY 12061

Allyce Wohlleber - 518-477-8492

Alice Burke - 518-786-8337

Welcome to the place where there is fun after 50 (and before) for women of all walks of life. We believe stillness is the comedy relief of life, and, since we are all in it together, we might as well join red gloved hands and go for the gusto together. Underneath the frivolity, we have a bond of affection, forged by common life experiences and a genuine enthusiasm for wherever life takes us next. We meet the 1st Thursday each month at the library at 10:00 am.

### **RENSSELAER COUNTY CHAPTER OF NYSARC, INC. (RENSSELAER ARC)**

79 102nd Street, Troy, NY 12180

518-274-3110

Email: [info@renarc.org](mailto:info@renarc.org)

Website: [www.rensseleararc.org](http://www.rensseleararc.org)

The Rensselaer ARC provides residential, vocational, day habilitation, family support, community inclusion, school to work counseling, recreation and summer camp services to children and adults with disabilities and their families.

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## **RENSSELAER COUNTY REGIONAL CHAMBER OF COMMERCE**

21 2<sup>ND</sup> Street, Troy, NY 12180, 518-274-7020

Email: [info@renscochamber.com](mailto:info@renscochamber.com)

Website: [www.renscochamber.com](http://www.renscochamber.com)

The Chamber is a business, civic, and economic development alliance, which strives to enhance vitality and quality of life in the Rensselaer Gateway Communities.

## **RENSSELAER COUNTY CONSERVATIVE PARTY**

Gary F. Taylor, Chair, 386 3<sup>rd</sup> Avenue, Troy, NY 12182

Email: [gtaylor2@nensco.com](mailto:gtaylor2@nensco.com)

## **RENSSELAER COUNTY DEMOCRATIC COMMITTEE**

M. Lynn Mahoney, Chair, PO Box 846, Troy, NY 12181

Email: [ubfi@renssdems.org](mailto:ubfi@renssdems.org)

## **RENSSELAER COUNTY DEPARTMENT FOR AGING**

1600 7<sup>TH</sup> Avenue, Troy, NY 12180

518-270-2730

Provides nutrition services transportation, home delivered meals, group meals, legal counseling, and more. Services are offered through six senior centers throughout the county.

(For center locations see “Senior Service Centers of Rensselaer County”.)

## **RENSSELAER COUNTY GREENS**

Eric Daillie, 518-273-8970

Email: [edailli1@nycap.rr.com](mailto:edailli1@nycap.rr.com)

Website: [www.nygreens.org/rensselaer](http://www.nygreens.org/rensselaer)

Affiliated with the National Green Party, the group works for grassroots democracy and social justice. Meetings are held the 3<sup>rd</sup> Tuesday of the month at 7 p.m. at Troy Public Library, 100 Second St., Troy, NY. Future roving meetings will be held in and around Rensselaer. Activities include review of upcoming events and elections and action plans on political, social and community agendas.

## **RENSSELAER COUNTY HISTORICAL SOCIETY**

57 Second Street, Troy, NY 12180

518-272-7232

Website: [www.rchsonline.org](http://www.rchsonline.org)

Founded in 1927. Collect, preserve and interpret the history of Rensselaer County. Have a diverse collection of over 25,000 objects and 27,000 library-related materials pertaining to the history of the county. Open Tuesday-Saturday 10 am to 4 pm.

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## **RENSSELAER COUNTY MENTAL HEALTH/UNIFIED SERVICES**

1600 7<sup>TH</sup> Avenue, Troy, NY 12180  
518-270-2800

Provides mental health and substance abuse counseling services to children, adolescents and adults who reside in Rensselaer County. Prevention, intervention, and treatment are available for both mental illness and chemical addiction. Case management is given to single parents in need of treatment.

## **RENSSELAER COUNTY REPUBLICAN PARTY**

200 Broadway, Troy, NY  
518-272-211

## **RENSSELAER COUNTY RETIRED TEACHERS ASSOCIATION**

Diane E. Hahn 518-477-6156  
Email: dianhahn@aol.com

Activities include: once a year conference in Catskills, once a year reception for newly retired teachers, and monthly meetings held the first Wednesday at 12:30 p.m. from March-December at the VanSchaick Island Country Club in Cohoes, NY. Meetings provide speakers with topics of general interest and legislative updates.

## **RENSSELAER COUNTY TAXPAYERS ASSOCIATION**

Box 145 East Greenbush, NY 12061  
Website: [www.capitalpost.com/rc/rcta.html](http://www.capitalpost.com/rc/rcta.html)

Promotes constitutional government in small efficient government, in good education for our children, in fewer and better laws to govern society, in the right to know what government is doing at all times, in salaries based on performance and in the worth of the individual. Activities include editorials on current issues. An annual awards dinner honors outstanding individuals for special merit. Membership totals 65 and is open to anyone interested.

## **ROTARY CLUB**

Southern Rensselaer County Rotary Club  
Peter Brown, 518-732-7178, President 2006-07

Member of Rotary International, a service organization devoted to community service. Interact Club of Columbia High School is a student affiliate with 140 members. Meetings are Thursday 6:15 p.m. at the Holiday Inn Express on Rt. 4 in East Greenbush. Call the above for more information.

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## **S**

### **SAINT ANNE INSTITUTE**

160 North Main Street, Albany, NY 12206

518-437-6500

Website: [www.stanneinstitute.org](http://www.stanneinstitute.org)

St. Anne Institute is a voluntary, non-sectarian residential and community based treatment center. Programs include a year-round regents accredited and certified jr. and sr. high school for the emotionally handicapped. Residential child care for young women ages 12-18; day treatment/family services for children and families in crisis; a pre-school care program / day care for children ages 3-4; and sex abuse prevention and juvenile sex offender programs.

### **SAMARITANS SUICIDE PREVENTION CENTER**

PO Box 5228, Albany, NY 12205; 518-689-0080, ext. 126

Email: [sams@fcscapitalregion.org](mailto:sams@fcscapitalregion.org)

Website: [www.timesunion.com/communities/samaritans](http://www.timesunion.com/communities/samaritans)

Confidential Suicide Prevention/Crisis Hotline: (518) 689-HOPE (4673)

The center offers support for those who have lost a loved one to suicide or for people who are isolated, despairing or considering suicide as well as educational outreach programs and postvention services after a suicide.

### **SAND LAKE CENTER FOR THE ARTS, Home of Circle Theatre Players**

Mailing Address: PO Box 179, Averill Park, NY 12018

Physical Address: 2880 Route 43, Averill Park, NY

Debra Roy, Managing Director, 518-674-2007

Email: [info@SLCA-CTP.org](mailto:info@SLCA-CTP.org)

Website: [www.SLCA-CTP.org](http://www.SLCA-CTP.org)

A not-for-profit community arts center, as well as home to a 23-year-old community theatre group known as the Circle Theatre Players. The Center has been renovated and has performing space for theatrical productions, dances, concerts and community events. Rental space is available for workshops, classes, recitals and public and private meetings. Volunteers wanted and greatly appreciated.

### **SCHODACK CRAFTERS HOME BUREAU**

South Schodack Firehouse, Bame Road

Mairlyn 518-732-7344 or Linda 518-477-4332

Crafters meet to enrich one another's lives in socialization and learning crafts. The group provides scholarships for high school students and supports women in third world countries. Meetings are 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month, 6:30 p.m. September–June. Call the above for more information.

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## SENIOR SERVICE CENTERS

### Southern Tier Center

1800 East Schodack Road, Castleton, NY 12033 (518-477-6581)

### Rensselaer Area Center

50 Herrick Street, Rensselaer, NY 12144 (518-463-2166)

## SEXUAL ASSAULT/CRIME VICTIMS ASSISTANCE PROGRAM for Rensselaer County

2215 Burdett Avenue, Troy, NY 12180

518-271-3257 – 24 Hour Hotline

Website: [www.nehealth.com/Medical\\_Care/SAM/Sexual\\_Assault\\_Center/](http://www.nehealth.com/Medical_Care/SAM/Sexual_Assault_Center/)

The Sexual Assault and Crime Victims Assistance Program for Rensselaer County is committed to reducing the trauma of sexual assault, crime, and violence, as well as providing community education for its prevention. We are dedicated to creating a supportive, caring environment for victims/survivors and their families to enhance the healing process.

## SIERRA CLUB HUDSON MOHAWK GROUP

PO Box 8447, Albany, NY 12208

Membership: Susan Lawrence

Email: [hmk-membership@newyork.sierraclub.org](mailto:hmk-membership@newyork.sierraclub.org)

Website: [www.newyork.sierraclub.org/hudsonmohawk/index.html](http://www.newyork.sierraclub.org/hudsonmohawk/index.html)

Environmental organization involved in hikes/walks, educational programs, and grassroots environmental issues. Call for calendar of outings and programs.

## SIGHT SOCIETY OF NORTHEASTERN NEW YORK, INC.

(Lions Eye Bank at Albany)

6 Executive Park Drive, Albany, NY 12203

Contact: 518-489-7606

Email: [info@lionseyebankalbany.org](mailto:info@lionseyebankalbany.org)

Website: [www.lionseyebankalbany.org](http://www.lionseyebankalbany.org)

The Sight Society of Northeastern NY, Inc. (Lions Eye Bank at Albany) is a private, non-profit organization dedicated to providing ocular tissue for transplantation, education and research. The Sight Society of Northeastern NY, Inc. also serves as a resource center for visual advocacy.

## SINGLES OUTREACH SERVICES, INC.

PO Box 12511, 435 New Karner Road, Albany, NY 12212

518-452-6883

Email: [sos@singlesoutreach.org](mailto:sos@singlesoutreach.org)

Website: [singlesoutreach.org](http://singlesoutreach.org)

Open to all adult singles. Educational and social activities seven days a week. Nonprofit corporation with a 14 member Board. Membership is \$20 per year and includes a monthly calendar.

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### **SOUTHERN RENSSELAER COMMUNITIES THAT CARE**

Steven Matheke, Safe & Drug Free Coordinator, East Greenbush Central Schools  
518-477-8711

Organization of Schodak, East Greenbush & Rensselaer School districts to deal with youth issues such as substance abuse.

### **SPOTLIGHT PLAYERS COMMUNITY THEATER, INC**

Box 132, East Greenbush, NY 12061

Email: [spotlight12061@aol.com](mailto:spotlight12061@aol.com)

Website: [www.timesunion.com/communities/spotlightplayers](http://www.timesunion.com/communities/spotlightplayers)

Spotlight Players, a community theater group formed in 1979 is affiliated with the East Greenbush Central School District's Continuing Education Program. The purpose of the group is to share enjoyment of all aspects of live amateur theater in the Capital Region of New York State. Spotlight Players provides education and experience in all aspects of theater production to participants of all ages as appropriate. In doing so, it hopes to provide quality entertainment for the community. Please check the website or email us for current volunteer opportunities and shows!

### **STAR (Special Transit Available on Request) THROUGH CDTA**

100 Watervliet Avenue, Albany, NY 12206

518-482-2022

Email: [cdta@cdta.org](mailto:cdta@cdta.org)

Website: [cdta.org](http://cdta.org)

STAR is a special transit available by request, a para-transit service offering transportation alternatives to people whom at certain times cannot use, or have substantial difficulty using, the CDTA fixed route bus system because of a disability or impairment. To become eligible to use STAR, an individual must submit a completed application and be certified as eligible.

### **S.T.R.I.D.E. (Sports and Therapeutic Recreation Instruction/Developmental Education)**

PO Box 778, Rensselaer, NY 12144

Mary Ellen Whitney, CEO

Debbie Ebersold 518-598-1279

Email: [info@stride.org](mailto:info@stride.org)

Website: [www.stride.org](http://www.stride.org)

STRIDE is a not-for-profit volunteer organization dedicated to enriching the lives of individuals with disabilities, through sports and recreational opportunities.

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## **T**

### **TACONIC HIKING CLUB**

Address: c/o Judy Brandow, 29 Campagna Drive, Albany, NY 12205

President: Gayle Fountain

Phone: 518-371-8585

Email: [pfounta1@nycap.rr.com](mailto:pfounta1@nycap.rr.com)

Website: [www.taconichikingclub.blogspot.com](http://www.taconichikingclub.blogspot.com)

The Taconic Hiking Club welcomes applicants interested in hiking, cycling, canoeing, kayaking, snowshoeing and cross-country skiing. Members are encouraged to participate in trail maintenance and outings leadership. We abide by the "Leave no trace" credo of the wilderness and promote non-motorized activities with minimal impact on public recreation areas. Membership is open to all. Activities include outings and a general membership meetings at the summer picnic in June and the winter banquet in November.

### **THE BLEEDING DISORDERS ASSOCIATION OF NENY, INC.**

PO Box 3707, Albany, NY 12203

Deborah Huskie 518-658-2878

Email: [bdaneny@aol.com](mailto:bdaneny@aol.com)

A group to support individuals with a bleeding disorder and to promote education to the general community through educational presentations, advocacy and social events. Meeting days & times vary so please call above for information.

### **THE WRITER'S BLOC**

592 River Road, Shodack Landing, NY 12156

John Pasquini, 518-474-5876(work), 518-732-1313(home)

Email: [jpasquini@nywritersbloc.org](mailto:jpasquini@nywritersbloc.org)

Website: [www.nywritersbloc.org](http://www.nywritersbloc.org)

The Writer's Bloc is an amateur aspiring writer's club dedicated to reading and critiquing each other's writings. The club is used as an outlet for creative writing and a way to share your work with other creatively minded individuals. As a group, we help each other with some of the basis concepts of writing, from grammar, spelling and tense issues, to setting, plot and dialog suggestions. We meet only one night a month and take turns talking about each other's writings. This is a low pressure group that suggests a submission of only 3 to 5 pages of new material each month. We also discuss overall writing goals and themes. The group meets the last Tuesday of every month from 7-9 pm at the East Greenbush Library. The membership is open to the public but we request highly motivated

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and dedicated writers to attend.

**TOWN OF SCHODACK DAY CAMP**

265 Schuurman Road, Castleton, NY 12033

518-477-7918

Website: [townofschodack.org](http://townofschodack.org)

The Town of Schodack Day Camp is a four-week program for resident children entering kindergarten to eighth grade. Various activities are provided to actively engage campers with exciting learning activities. The camp is divided into four different locations: K-1, 2-3, 4-5 and 6-8 grades respectively. Campers are bussed to and from swimming daily.

**TROY AREA RETIRED TEACHERS ASSOCIATION**

(See Rensselaer County Retired Teachers Association).

**TROY FARMER'S MARKET**

Broadway between 3rd & 4th Streets, Troy, NY 12180

(518) 692-7312

Hours: Mid-June through end of October, Wednesdays 10 am - 2 pm and Fridays: 10 am - 2 pm

**TROY WATERFRONT FARMER'S MARKET**

Troy Dock & Marina, River Street, North of bridge, Troy, NY 12180

(845) 477-6602

Hours: Early May through late November, Saturdays 9am - 1 pm

**U**

**UNCLE SAM CHORUS, INC.**

Manager: Neil: 518-885-4517, Email: [Neilsingslead.aol.com](mailto:Neilsingslead.aol.com)

Director: Larry: 271-0970, Email: [larrymoss46@hotmail.com](mailto:larrymoss46@hotmail.com)

Website: [www.unclesamchorus](http://www.unclesamchorus)

Open rehearsals 7:30 p.m. most Wednesdays at Clifton Park United Methodist Church, 10 Old Plank Rd., Clifton Park, NY. Championship a cappella small chorus perform patriotic, inspirational, and popular songs in 4-part "barbershop style" close harmony from our amplified parade float or "in concert" at your location. Fees support music programs in local schools.

**UNIVERSITY AT ALBANY PSYCHOLOGICAL SERVICES CENTER**

135 Western Avenue, Husted Room 167, Albany, NY 12222

George B. Litchford, Ph.D., Director 518-442-4900

Website: [www.albany.edu.psc/](http://www.albany.edu.psc/)

Low-cost psychological services to all age groups and assessment services including personality, intelligence, vocational, and learning disabilities. Treatment services include psychotherapy, personal and career counseling and cognitive behavior therapy. Center is open year-round including several evenings.

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### UPSTATE NEW YORK EARLY FORD V-8 CLUB

2351 Old Post Road, Castleton, NY 12033

Gene Giuliano - 477-6813

Our club members assist each other in locating parts, cars, and out of town meetings. Many of our members are old time mechanics who give talks on engines, interior replacements, painting, etc. Some of the activities are picnics, car shows, trips to garages to see rebuilds in progress, museum trips and parades. Club meets the third Wednesday of the month from 7 to 9 pm.

### UPSTATE INDEPENDENTS

PO Box 5147, Albany, NY 12205

Email: [info@upstateindependents.com](mailto:info@upstateindependents.com)

Website: [www.upstateindependents.com](http://www.upstateindependents.com)

A network of filmmakers, actors, screenwriters, and media artists in the Capital Region. Activities include networking with fellow filmmakers, writers, and actors to collaborate on projects. Screen films and stage screenplay readings from members for constructive criticism. Present programs and seminars on various aspects of filmmakers, such as directing actors, storyboarding, and getting a script optioned. Meet the first Tuesday of every month at Bulmer Telecommunications Center Auditorium at HV Community College, 80 Vandenburg Ave., Troy, NY at 6:30 pm. Membership: \$20/year. Meetings are open to all. Membership is not required to attend.

### UPSTATE NEW YORK HOSTA SOCIETY

12 Casablanca Ct., Clifton Park, NY 12065

Membership: Bill & Linda Storz

Email: [wstorz@nycap.rr.com](mailto:wstorz@nycap.rr.com)

Website: [www.geocities.com/Heartland/Plains/6374/](http://www.geocities.com/Heartland/Plains/6374/)

Non-profit education society formed to foster and promote knowledge of and interest in the genus *Hosta*, to encourage the introduction of the genus into cultivation and the development of new and improved varieties and to promote education and research.

## V

### VENTURING CREW 477

29 Cynthia Lane, Nassau, NY 12123

Ted Beblowski, Advisor 518-766-4805

Venturing is a coed association of young adults, ages 14-21. It is a core program of the Boy Scouts of America. Emphasis is on backpacking and canoeing. Regular meetings are held on the 1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> Tuesday of each month at the Rensselaer Elks Lodge. There is an emphasis on service, and activities include Red Cross First Aid and CPR certification.

### VETTES IN PERFECTION, LTD., Capital District

Email: [VIPCAPITALDIST@aol.com](mailto:VIPCAPITALDIST@aol.com)

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Website: [clubs.hemmings.com/clubsites/viperfection](http://clubs.hemmings.com/clubsites/viperfection)

Vettes in Perfection (VIP) was incorporated in 1983 as a non-profit Capital District based Corvette Club hosting year-round activities for its members. These activities include events such as road rallies, car shows, speed events, and a monthly social function. The club prints a monthly newsletter which keeps members informed of VIP activities, as well as upcoming events sponsored by other Corvette Clubs. The club meets the second Thursday of every month at 7:00 pm

## **W**

### **WAVERIDERS**

The Community Hospice of Rensselaer  
295 Valley View Blvd, Rensselaer, NY 12144  
518-285-8100 / 1-800-678-0711

Website: [www.communityhospice.org/bereavement-support.cfm](http://www.communityhospice.org/bereavement-support.cfm)

A support group for grieving children. Small groups use art, music and discussion to help children cope with the loss of someone significant in their lives. Groups for grades K-3 and 4-8. Call the number listed above for more information and times of meetings.

### **WF BRUEN RESCUE SQUAD**

116 Red Mill Road, Rensselaer, NY 12144  
Contact: James Cozzy, 518-378-2548  
Website: [www.bruenrescuesquad.com](http://www.bruenrescuesquad.com)

Purpose of the squad is to serve the people of our community with quality EMS care. Meetings are the fourth Sunday every month at 7 pm.

### **WIDE HORIZONS FOR CHILDREN, INC.**

276 South Street, Suite 8, Pittsfield, MA 01201  
Contact: Lori Johnson or Jennifer Doane; 413-448-8367  
Email: [ljohnson@whfc.org](mailto:ljohnson@whfc.org) or [jdoanue@whfc.org](mailto:jdoanue@whfc.org)  
Website: [www.whfc.org](http://www.whfc.org)

Domestic and international adoptions. Non-profit agency with over 30 years experience. We are a full service agency that has placed more than 8,000 children. Activities include: pre-adoptive counseling, homestudies, placement of children, post placement and post adoption services. Waiting parents group. Cultural, educational and social events. Adoption information meetings are held once a month free of charge.

## **Z**

### **ZONTA CLUB OF ALBANY**

8 Nolan Road, Albany, NY 12205  
Email: [Albany@zontaDistrict2.org](mailto:Albany@zontaDistrict2.org)  
Website: [zontadistrict2.org](http://zontadistrict2.org)

An international organization of business and professional women, with the mission of improving the status of women worldwide through community service projects and activities. Meetings are the 2<sup>nd</sup> Wednesday of the month, except July and August at various locations.